



LIGHT BITES

- ★^{GF} **Toast** - Sourdough, turkish or gluten free \$5
w/ berry jam, peanut butter, vegemite, marmalade or honey
Banana or Pear & Raspberry Bread \$5.50
- ★^{GF} **GF Banana Loaf** \$6
- ★^{GF} **Sourdough Fruit Loaf** or **GF Spiced Fruit Loaf** \$6
Croissant w/ berry jam \$5.50
Croissant w/ ham & cheese \$7
or cheese & tomato \$6 **or** ham, cheese, tomato \$7.50
Bircher Muesli - soaked in coconut milk & maple syrup w/ fresh
banana, blueberries & passionfruit, toasted coconut & greek
yoghurt \$13
Hazelnut Honey Granola w/ strawberries, blueberries & mint +
creamy vanilla yoghurt \$13
- ★^{GF} **Natural or GF Muesli** w/ yoghurt, honey, milk
+ your choice of:
rhubarb & berry compote **or** fruit salad \$11
- ★^{GF} **Fruit Salad** sml \$6.50 lge \$12
+ yoghurt & honey (sml \$1, lge \$1.50)
+ muesli, yoghurt & honey (sml \$2, lge \$3)
+ granola, yoghurt & honey (sml \$3, lge \$4)
- ★^{GF} **House-made frittatas** w/salad (see deli for selection) \$12.50

Check for daily specials at the counter

ALL DAY BREAKY (until 3pm)

★^{GF} **Crushed Avocado** w/ feta, chilli, coriander, on toasted sourdough \$14
~ add bacon \$5 or smoked salmon \$6

★^{GF} **Eggs Benny** - poached eggs, wilted spinach, avocado, hollandaise sauce & house-made tomato relish on toasted sourdough

★^{GF} **OR try our Benny Burger**

w/ your choice of: bacon \$16.50
or smoked salmon \$17.50
or double smoked ham \$16.50

★^{GF} **Mexican Breaky Bowl** - fried chorizo, roast potatoes, cherry tomatoes, red & black beans, quinoa, baby spinach w/ a soft poached egg, avocado & jalapeno sour cream \$14

Bircher Muesli - soaked in coconut milk & maple syrup w/ fresh banana, blueberries & passionfruit, toasted coconut & greek yoghurt \$13

Hazelnut Honey Granola w/ strawberries, blueberries & mint
+ creamy vanilla yoghurt \$13

★^{GF} **Natural or GF Muesli** w/ yoghurt, honey, milk
+ your choice of:
rhubarb & berry compote or fruit salad \$11

For All Breakies Below Choose...

Your Toast: Turkish, Sourdough or ★^{GF} Bread (+\$1)

Your Eggs (local free-range): Poached,
Scrambled or Fried ~ We use Australian Bacon

Eggs on Toast - \$9

Bacon & Eggs on Toast - \$13

Hearty Breaky - bacon, eggs, mushrooms,
roast toms \$17.50

Massive Breakfast - bacon, eggs,
mushrooms, roast toms, beans & snags \$22

Vego Breaky - salad of mushrooms, quinoa,
baby spinach w/ eggs, avo, roast toms &
halloumi on a slice of sourdough \$17.50

*try as a salad

PIMP IT UP

\$1: tasty cheese, sliced tomato,
chilli jam, chutney, hollandaise

\$2: fresh baby spinach,
avocado, 1 fried or poached egg

\$3: roast tomato, mushrooms,
baked beans, snags, feta

\$4: halloumi, smoked ham, spicy
salami, chorizo, 2 fried or
poached eggs

\$5: bacon, chicken, leg ham,
scrambled eggs

\$6: smoked salmon

\$8: crushed avo

BURGERS

All burgers are served on a brioche bun

★^{GF} bread available (+\$1)

Cheese Burger - house-made beef patty, lettuce, tomato, tasty cheese, mustard pickle & house tomato relish \$13
~ add bacon +\$3

Halloumi Burger - grilled halloumi, carrot, parsley & rocket salad, avocado w/ house beetroot relish \$13

Marinated Chicken Burger - tequila jalapeno marinated chicken breast (free range) w/ tomato & avocado salsa, cos, crispy bacon & roasted jalapeno ranch \$16

BBQ Pork Spare Ribs Burger - slow cooked pork spare ribs (free-range) glazed in house-made sticky bbq sauce w/ fresh & pickled cabbage, fennel & herb slaw \$16

Reubano - (reuben meets cubano sandwich) shredded corned beef, dijonnaise, sauerkraut, pickles, double smoked ham, marinated slow cooked pork & melted swiss cheese \$16

Benny Burger - bacon, fried egg, wilted spinach, hollandaise sauce & house-made tomato relish \$11
~ add avocado \$2

PIMP IT UP

\$1: tasty cheese, sliced tomato, chilli jam, chutney

\$2: fresh baby spinach, avocado, 1 fried or poached egg

\$3: roast tomato, mushrooms, baked beans, snags, feta

\$4: halloumi, smoked ham, spicy salami, chorizo, 2 fried or poached eggs

\$5: bacon, chicken, leg ham, scrambled eggs

\$6: smoked salmon

\$8: crushed avo

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TOASTIES

Please check availability & specials in the dell ★^{GF} bread available (+\$1)

BLAT - Aussie bacon, lettuce, avo, tomato, mayo \$11

Bacon & Egg + tasty cheese
(choose your sauce - pls ask) \$8

Roast Pumpkin - feta, beetroot relish, avo, rocket \$12.50

The Reuben - corned beef, swiss cheese, dijonnaise,
sauerkraut, pickles \$13

Pesto (free-range) Chicken - pesto mayo, salad,
cheddar cheese, tomato \$12

Leg Ham, Cheddar Cheese, Roast Tomato on sourdough \$10.50
~ try w/ mustard pickles + \$1

Spicy & Sweet Salami - jarlsberg cheese, baby spinach,
chilli jam, roast capsicum \$12

Haloumi & Pesto Mushrooms - baby spinach, red pep relish \$12.50

SALADS

★^{GF} **Mushroom & Smoked Salmon Salad**
w/ cherry tomatoes, feta, hazelnuts, rocket
& baby spinach \$14.50

★^{GF} **Roasted Chorizo Salad** w/ pumpkin, roast beetroot,
almonds, feta & baby spinach \$14

See our Deli for Daily Selection of fresh Salads

some of our regular salads include: caesar salad, roast
capsicum potato salad, kale, quinoa & beetroot salad,
satay wombok salad, asian slaw salad

sml \$6.50 lge \$12 or **pimp it up with our add ons:**

\$2: avocado

\$2/3: marinated feta

\$3/4: haloumi, chorizo

\$3/5: bacon, roast chicken breast, leg ham

\$5/7: cuban marinated pork, bbq pork spare ribs, smoked salmon

COFFEE, TEA & MORE

Coffee

Flat white, cap, latte, long black, mocha (+50c),
iced latte (coffee shot, ice & milk)

Reg \$3.50, Lge \$4.50 or Jumbo \$5.50

Short black or mac \$3 - Piccolo \$3 - Babycino \$1

Nitro Coffee (nitrogen infused cold brew on tap)

Served straight up or w/ ice & lemon or lime

Reg \$4, Lge \$5 or Jumbo \$6

Matcha Green Tea Latte

Reg \$5, Lge \$6 or Jumbo \$7

Hot Chocolate, Chai Latte, Dirty Chai (+50c)

Reg \$3.50, Lge \$4.50 or Jumbo \$5.50

Tea \$4

English breakfast, earl grey, peppermint, sencha green tea,
camomile, relaxing, licorice

Chai Tea w/ steamed milk & honey \$4.50

Extras: extra shot, soy
or almond milk 50c

Flavours: caramel,
hazelnut, vanilla,
peppermint 50c

MILKSHAKES + ICED DRINKS

Milkshakes Kids \$4 Large \$5.50

Thickshakes \$6.50

Flavours: chocolate, vanilla, strawberry, caramel
| chai, or coffee (+50c)

Iced Coffee, Chocolate, Mocha \$7

Affogatto (coffee shot over ice cream) \$5

Iced Latte (coffee shot, ice & milk)

sml \$3.50 lge \$4.50

Extras: malt 50c, extra
topping 50c,
extra ice-cream \$1, soy
or almond milk \$1

FRUIT SMOOTHIES

Berry, Banana or Mango or a combo of two \$7.50
(greek yoghurt, honey, ice cream, fruit & milk)

Hopper Super Smoothie:

Berry, banana, chia & pumpkin seeds, coconut water, almond milk, honey & yoghurt \$9

Extras: soy or almond milk \$1, protein powder \$1.50

THE JUICE BAR

Squeezed with love

Small \$6 - Large \$8

SUGGESTIONS FROM THE JUICE MASTER...

The Hopper Pineapple, apple, beetroot, lemon, ginger, carrot

P.O.G Pineapple, orange, ginger

Sunrise Pineapple, orange

Paradise Pineapple, apple, mint

Refresh Orange, watermelon, pineapple

Vegi Carrot, celery, beetroot, ginger, lemon

OR  **MAKE YOUR OWN**

Choose From:

Pineapple, apple, beetroot, orange, celery, watermelon, carrot, ginger, lemon, mint

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